### IS IT A YEAST INFECTION?

Help diagnose patients using the guide below

Office staff should always consult with a physician to ensure they’re following office policies.

<table>
<thead>
<tr>
<th>IF THE PATIENT HAS ONE OR MORE OF THESE SYMPTOMS:</th>
<th>VVC vulvovaginal candidiasis</th>
<th>BV bacterial vaginosis</th>
<th>UTI urinary tract infection</th>
<th>STI sexually transmitted infection</th>
<th>Tubal pregnancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extreme itchiness in and around the vagina</td>
<td>✓</td>
<td></td>
<td></td>
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<tr>
<td>Burning, redness, and/or swelling in and around the vulva and/or vagina</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Soreness in and around the vulva and/or vagina</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Rash in or around the vulva and/or vagina</td>
<td>✓</td>
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<tr>
<td>Thick, white vaginal discharge that looks like cottage cheese, does not have a bad smell</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Pain during sex</td>
<td>✓</td>
<td>✓</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Pain when passing urine</td>
<td>✓</td>
<td>✓</td>
<td></td>
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</tr>
</tbody>
</table>

**STOP**

Patient needs to make an appointment for:
- First yeast infection
- Recurrent yeast infections
- Pregnancy
- Any symptoms listed below

| Fever                                       | ✓ | ✓ | ✓ |
| Chills                                      | ✓ | ✓ | ✓ |
| Lower abdominal, back, or shoulder pain     | ✓ | ✓ | ✓ |
| Nausea or vomiting                          | ✓ | ✓ | ✓ |
| Foul-smelling vaginal discharge             | ✓ | ✓ | ✓ |
| Missed periods                              | ✓ | ✓ | ✓ |
| Urgent need to urinate, but little urine is passed | ✓ | ✓ | ✓ |
| Bloody or cloudy urine                      | ✓ | ✓ | ✓ |

**Is she still unsure if it’s a yeast infection?**

Patients can test before they treat with the Vaginal Health Test from the MONISTAT® Complete Care™ line of feminine care products. This simple pH color-changing swab turns blue-green if abnormal pH is detected.

**Why choose MONISTAT® over the leading oral prescription?**

MONISTAT® is a prescription-strength cure that’s available without a prescription. It’s proven to cure vaginal yeast infections just as effectively as the leading prescription pill.

In addition, MONISTAT®:
- Starts curing on contact
- Can treat more yeast species
- Has less drug resistance
- Relieves symptoms 4x faster

*May be appropriate for a variety of women, including those who are pregnant or taking antidiabetic drugs or oral contraceptives*

Pregnant women should consult their healthcare provider.

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*Per 2014 CDC Guidelines, options for first-line therapy of non-albicans vulvovaginal candidiasis (VVC) include longer duration therapy (7-14 days) with a non-fluconazole azole regimen.
*Based on a clinical study with MONISTAT® Combination Pack Ovule® treatment vs the leading prescription product.
*2014 CDC Guidelines recommend the use of 7-day topical azole therapies for treatment of vulvovaginal candidiasis (VVC) in pregnant women.

**REFERENCES:**


WHICH TREATMENT IS RIGHT FOR HER?

Ask your patient...

- Are you pregnant?  
  - YES: 2014 CDC Guidelines only recommend a 7-day topical azole therapy—such as MONISTAT® 7—for treatment of yeast infections during pregnancy. Pregnant women should consult their healthcare provider.
  - NO

- Do you have an underlying debilitating medical condition such as diabetes or lupus or have you already tried prescription treatment for this yeast infection without success?  
  - YES: These conditions may indicate a non-albicans species is present. As a first-line treatment for non-albicans species, 2014 CDC Guidelines recommend a longer course of therapy with a non-fluconazole azole—such as MONISTAT® 7.
  - NO

- Have you used MONISTAT® treatment or another vaginal anti-fungal treatment in the past and experienced side effects such as itching, burning, and irritation?  
  - NO  
  - YES

- Would you prefer a 1-dose maximum-strength treatment, a 3-dose less-concentrated treatment, or a 7-dose least-concentrated treatment?
  - 7 DOSE
  - 3 DOSE
  - 1 DOSE

MONISTAT® 1-Day Simple Therapy™
An option for patients who are sensitive to high concentrations of miconazole or the ingredients found in cream formulations.
- 6.5% tioconazole ointment in one dose
- Ready-to-use prefilled applicator

MONISTAT® 1
Ideal for patients on the go, this maximum-strength treatment can be administered at any time, day or night.
- 1200 mg of miconazole nitrate in one dose
- Available in easy-to-use LESS MESS Ovule®

MONISTAT® 3
An option for patients who want a less-concentrated treatment, but only wish to treat their infection for 3 days.
- 3 doses contain 200 mg of miconazole nitrate each
- Available in easy-to-use LESS MESS Ovule®, vaginal suppository, and prefilled cream applicator

Has she already tried MONISTAT® or another OTC treatment without success?

All MONISTAT® products can take up to 7 days to fully cure, regardless of the dosing. In addition, confirm that your patient is using an anti-fungal agent and not a symptom relief product such as Vagisil®.

Visit MonistaPro.com to view the latest guidance and data on yeast infections, order patient education materials, or learn more about MONISTAT®

Use as directed. Tell patients to discontinue use and contact your office if they don’t feel some relief within 3 days, or complete relief within 7 days.
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